



SHADITHYA HEALTH CARE

Specialty Hospital for Mental Health, De-addiction and Dementia

INTERNSHIP LETTER

Date: 26-02-2021

TO WHOM SO IT MAY CONCERN

This is to certify that **Ms. Rudhra A – BSc Psychology**, from **Sathyabama Institute of Science and Technology, Chennai** did her internship in psychology department at SHADITHYA HOSPITAL for the duration of 15 days (from 10-02-2021 to 26-02-2021). During this period, she managed to do the following.

- ❖ Got an opportunity to observe and shadow Psychologists, Psychiatrists, counsellors, and Social workers.
- ❖ Observed people with different kinds of psychiatric problems both in outpatient and inpatient settings.
- ❖ Attended ward rounds and reviews in acute psychiatric wards with patients who have complex and severe mental health problems.
- ❖ Observed patients in long term rehabilitation wards for alcoholism and drug de-addiction.
- ❖ Sat in with clinical psychologist for diagnostic assessments like IQ and personality.
- ❖ Shadowed for counselling and therapy sessions given to patients and their families.
- ❖ Learnt to take history and mental state examination.
- ❖ Received teaching from various mental health professionals from different departments.

During this internship, she seemed curious and enthusiastic to learn. Her character and attendance was good.

For further information, please contact us on 044 - 22640745/22640845

N. Vanitha

Mrs. N. Vanitha,
Clinical Psychologist,
Department of Psychology



[Signature]
Dr. M. Sree Prathap,

Chairman & Managing Director

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