

INTERNSHIP LETTER

Date: 17-11-2021

TO WHOM SO IT MAY CONCERN

This is to certify that **Ms. Mahalakshmi D – B.Sc Psychology**, from **Sathyabama University, Chennai** did her internship in the department of psychology at SHADITHYA HOSPITAL from **01-09-2021 to 12-10-2021**. During this period, she managed to do the following.

During this period, she managed to do the following. Observed and shadowed Psychologists, Psychiatrists, Mental Health Professionals and Social workers.

- ❖ Observed people with different kinds of psychiatric problems - minor and major psychiatric disorders.
- ❖ Attended ward rounds and care plan reviews in acute psychiatric wards with patients who have complex and severe mental health problems.
- ❖ Observed patients in long term rehabilitation wards for mental health problems, alcoholism, drug de-addiction and dementia
- ❖ Sat in with Clinical Psychologist for diagnostic assessments like IQ and personality.
- ❖ Attended Inpatient-ward activities with mental health professionals.
- ❖ Attended counseling and therapy sessions given to patients and their families.
- ❖ Learnt to take basic history and perform mental state examination.
- ❖ Received teaching from various mental health professionals from different departments on mental health topics.

During this internship, she seemed curious and enthusiastic to learn. Her character and attendance was good.

For further information, please contact us on 044 - 22640745/22640845

N. Vanitha
19/11/21
3.22pm
Mrs. N. Vanitha,
Clinical Psychologist,
Department of Psychology



[Signature]
Dr. M.Sree Prathap, MBBS, MRC Psych
Chairman & Managing Director

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