



SHADITHYA HEALTH CARE

Specialty Hospital for Mental Health, De-addiction and Dementia

INTERNSHIP LETTER

Date: 17-03-2021

TO WHOM SO IT MAY CONCERN

This is to certify that Ms. Deepika G – B.Sc Psychology, from Sathyabama Institute of Science and Technology, Chennai did her internship in the department of psychology at SHADITHYA HOSPITAL for duration of 15 days from 19-02-2021 to 10-03-2021. During this period, she managed to do the following.

- ❖ Observed and shadowed Psychologists, Psychiatrists, Mental Health Professionals and Social workers.
- ❖ Observed people with different kinds of psychiatric problems - minor and major psychiatric disorders.
- ❖ Attended ward rounds and care plan reviews in acute psychiatric wards with patients who have complex and severe mental health problems.
- ❖ Observed patients in long term rehabilitation wards for mental health problems, alcoholism, drug-de-addiction and dementia
- ❖ Sat in with psychologist for diagnostic assessments like IQ and personality.
- ❖ Attended Inpatient-ward activities with mental health professionals.
- ❖ Attended counseling and therapy sessions given to patients and their families.
- ❖ Learnt to take basic history and perform mental state examination.
- ❖ Received teaching from various mental health professionals from different departments on mental health topics.

During this internship, she seemed curious and enthusiastic to learn. Her character and attendance was good.

For further information, please contact us on 044 - 22640745/22640845

N. Vanitha

Mrs. N. Vanitha,
Clinical Psychologist,
Department of Psychology



Dr. M. Sree Prathap

Dr. M. Sree Prathap,
Chairman & Managing Director

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