



SATHYABAMA

**INSTITUTE OF SCIENCE AND TECHNOLOGY
(DEEMED TO BE UNIVERSITY)**

Accredited A++ Grade by NAAC | 12B Status by UGC | Approved by AICTE

www.sathyabama.ac.in

7.1.1: Specific Facilities Provided for Women

a. Safety and Security

1. Grievance Redressal Mechanism:

- Regular meetings of the Grievance Redressal Committee to address issues like sexual harassment and ensure safety for women.

2. Awareness Programs:

- Conducted on topics such as secured usage of social media and cyber security to enhance safety awareness.

3. Women Empowerment Cell:

- Activities and seminars focusing on women's rights and security.

4. Monitoring and Evaluation Committees:

- Anti-ragging and gender equality committees meet at least twice a year to ensure a secure environment.

b. Counselling

1. Psychological Support:

- Dedicated psychological counselling for women staff and students.

2. Emotional Wellness:

- Organized events, such as counselling sessions tailored for women, emphasizing self-care, stress management, and personal growth.

3. Workshops:

- Sessions aimed at building resilience and coping mechanisms for women.

c. Common Rooms

1. Dedicated Spaces:

- Availability of separate gymnasiums for women in the ladies' hostel to promote physical fitness.
- Yoga classes conducted regularly by expert trainers.

d. Daycare Centre

1. Creche and Daycare Facilities:

- Daycare services for children with plans for expansion to accommodate growing needs and ensure high-quality care.

e. Any Other Relevant Information

1. Participation and Representation:

- Equal opportunities for women in cultural activities, sports, debates, and decision-making committees.

2. Sports Facilities:

- Additional sports amenities available for women residing in hostels to encourage active participation.

3. Community Engagement:

- Outreach programs involving awareness about health, hygiene, education, and legal rights, targeting rural women and their families.

4. Leadership Development:

- Platforms to encourage women to take up leadership roles in governance and extracurricular activities.