



SATHYABAMA

INSTITUTE OF SCIENCE AND TECHNOLOGY

(DEEMED TO BE UNIVERSITY)

Accredited "A" Grade by NAAC | 12B Status by UGC | Approved by AICTE

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SATHYABAMA COLLEGE OF NURSING

1.3.2 Value Added Courses 2022- 2023

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2	Spoken English Course (ESEC)	02.01.2023 to 10.02.2023	11
3	Nursing Bioethics	06.03.2023 to 21.04.2023	15

1. Soft skill training in Therapeutic communication



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**SATHYABAMA COLLEGE OF
NURSING**

OFFERS

A Value added Course on



SOFT SKILL TRAINING ON THERAPEUTIC COMMUNICATION

DATE: 15/11/2022 to 23/12/2022

RESOURCE PERSON MS. BETTYJERUSAHAH, CERTIFIED TRAINER OF
IELTS, TOEFL, TESOL

HOURS: 30 Hrs

CHIEF PATRONS

Dr. Mariazeena Johnson, Chancellor
Dr. Marie Johnson, President
Mr. J. Arul Selvan, Vice President
Ms. Maria Bernadette Tamilarasi, Vice President
Ms. Maria Catherine Jayapriya, Vice President

CONVENER

Dr. L. Lakshmi Dean

PATRONS

Dr. T. Sasipraba, Vice Chancellor
Dr. E. Logashanmugam Pro Vice-Chancellor
Dr. S. S. Rao, Registrar
Dr. G. Sundari, Director- Administration

PROGRAMME COORDINATOR

Ms. Thiya N

SOFT SKILL TRAINING IN THERAPEUTIC COMMUNICATION

Theory – 16 hours

Practical – 14 hours

Total - 30 Hours

Course Description: This course is basic material for nursing students to acquire the ability to perform their duties in an environment where English speaking is used and needed

General Objectives of the course:

- To introduce the students to some glossaries related to the need of the work
- To acquire some useful expressions, they usually use in accomplishing their duty
- To give authentic teaching material this is practiced directly in class after each topic

Specific Objectives of the course:

At the end of the course the students will be able to

- Have a clear understanding of patients' charts, files as well as the physician's instructions.
- Communicate with the patients: instruct post- or after- care treatment guidelines, administer medication, support emotionally patient and family.
- Report the daily routine to the physicians in charge of their ward.
- Be active in meetings, stating challenges and issues within their ward and providing reliable solutions.
- Apply for nursing jobs in well-respected hospitals and centers around the world.
- Give confident job interviews.
- Familiarize with the new routine and work demands on the new job faster and better.
- Upgrade their training skills while on the new job.

UNIT	HOURS		CONTENT
	Theory	Practical	
I	3 Hrs		Introduction to course and syllabus contents. Topics discussed: Giving directions in a hospital. Basic telephonic skills.
II	2 Hrs	1 Hr	LESSON: ADMITTING PATIENTS. Language Input: Grammar: - Present simple, affirmative/negative question. - Recognizing and using basic verbs. Vocabulary: Equipments to take patient observations. Skills development: Communication focus: Giving instructions to patients. Using greetings and expressions in everyday situations
III	1Hr	2 hrs	LESSON: CARING FOR PATIENTS AFTER AN OPERATION Language Input: Grammar: - Quantifiers: some/any - Adjectives gradable and ungradable. Vocabulary: Different words relating to pain and IV infusion equipment.
IV	2 Hrs		LESSON: CARING FOR TERMINALLY ILL PATIENTS. Language Input: Grammar: - Present simple and present continuous - Questions – word order - Wh- questions Vocabulary:

			• Showing empathy. • Pain relief measures
V	1Hr	2 Hrs	LESSON: THE DISTRICT NURSE Language Input: Grammar: • Adverbs of manner and frequency • Conjunctions • Prepositions of time • Will (will/'ll and won't) Vocabulary: • Terms relating to wounds. • Pain relief measures.
VI	2 Hr	1 Hr	ON: HELPING PATIENTS WITH REHABILITATION ● Language Input: ● Grammar: Present perfect simple Quantifiers with countable and uncountable nouns. Vocabulary/Communication focus: • Reassuring patients before a procedure. • Explaining information leaflets (safe swallowing and after stroke instructions)
VII	1 Hr	2 Hrs	LESSON: MOBILIZING PATIENTS Language Input: Grammar: • Will and going to • Expressing reason and purpose. Vocabulary/Communication focus: • Mobility aids. • Mobility terms.
VIII	1 Hr	3Hrs	LESSON: MEDICAL IMAGING Language Input: Grammar: • Present perfect simple • Past simple Vocabulary/Communication focus:

			• Medical imaging equipments and tests. • Consent form.
IX	2Hr	2 Hrs	LESSON: HELPING PATIENTS WITH DIFFERENT DISEASES Language Input: Grammar: • Present perfect simple and present perfect continuous • Modal verbs – expressing attitude and manner Vocabulary/Communication focus: • Asking patient for consent.
X	1 Hr	1 Hr	Grammar revision. Useful sites. Distribution of materials related to student needs.

LIST OF PARTICIPANTS

S.NO	Register No.	NAME OF THE STUDENT
1	39904001	Aarthisha S
2	39904002	Abimannan
3	39904003	Akshaya
4	39904004	Anitha P
5	39904005	Anushiya Shaki S
6	39904006	Aravindh S
7	39904007	Arun B
8	39904008	Arul S
9	39904009	Arul Selvan R
10	39904010	Divya Bharathi D
11	39904011	Divya Wilson Varghese
12	39904012	Iswarya S
13	39904013	Jayapradha T
14	39904014	Mariya M Jose
15	39904015	Mathavan M
16	39904016	Mathavan T
17	39904017	Midubala B
18	39904018	Mohitsam H
19	39904019	Mouriya R
20	39904020	Nandhini A
21	39904021	Princy V
22	39904022	Ram Kumar R

23	39904023	Revathi M
24	39904024	Silambarasi C
25	39904025	Swarnalakshmi G
26	39904026	Swetha S B
27	39904027	Uma Maheswari G
28	39904028	Veronica P
29	40904001	Aarthi K
30	40904002	Aarthy P
31	40904003	Abdul Faheem W
32	40904004	Abhishek Kumar
33	40904005	Abinaya S
34	40904006	Amal Anand J
35	40904007	Aravindhasami R
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44	40904017	Hariharan S
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47	40904020	Infant Felix Savio A
48	40904021	Iswarya M
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50	40904023	Jayashree B
51	40904025	Johanna Paul S
52	40904026	Jothi R
53	40904027	Kalaiyarasi G
54	40904028	Karthika V
55	40904029	Keerthana K
56	40904030	Keerthana Sai K
57	40904031	Lincy Renisha M
58	40904032	Mahalakshmi R
59	40904033	Md Ishteyaque
60	40904034	Michelle Eunice S
61	40904035	Mohammed Adnan
62	40904036	Mohammad Sayem
63	40904037	Muthu Meena V
64	40904039	Petchiammal S
65	40904040	Priyadharshini K
66	40904041	Randhir Kumar
67	40904042	Ritu Kumari
68	40904043	Sanjay Thomson K
69	40904044	Sarathi K
70	40904045	Shabin S

71	40904046	Shahnas A
72	40904047	Sheabah Carolin K R
73	40904048	Sherine Immaculate S M
74	40904049	Shruthi Thiruselvan
75	40904050	Shubhangi Jha
76	40904051	Sneha J
77	40904052	Sneka G
78	40904053	Sowmiya K
79	40904054	Sruthi Premanand
80	40904055	Surya S
81	40904056	Vidhula S
82	40904057	Vignesh V
83	40904058	Vinisha S
84	40904059	Vishal S
85	40904060	Yamini A

Course Outcomes :

- Have a clear understanding of patients' charts, files as well as the physician's instructions.
- Communicate with the patients: instruct post-or after-care treatment guidelines, administer medication, support emotionally patient and family.
- Report the daily routine to the physicians incharge of their ward.
- Be active in meetings, stating challenges and issues within their ward and provide unreliable solutions.
- Apply for nursing jobs in well-respected hospitals and centers around the world.
- Give confident job interviews.
- Familiarize with the new routine and work demands on the new job faster and better.



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Jeppiaar Nagar, Rajiv Gandhi Salai, Chennai - 600 119, Tamil Nadu, India.



Sathyabama College of Nursing CERTIFICATE OF COMPLETION

This is to certify that Mr/Ms. Arul Selvan R of Nursing has successfully completed a course titled 'Soft skill training in therapeutic communication skills' conducted by sathyabama College of Nursing.

Completed Hours:30

DR. L. LAKSHMI
Organising Secretary & Dean,
Sathyabama College of Nursing

2. Spoken English Course (ESEC)



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**SATHYABAMA COLLEGE OF
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A Value added Course on



SPOKEN ENGLISH

DATE: 02/01/2023 TO 10/02/2023

RESOURCE PERSON: MS. BETTY JERUSAHA, CERTIFIED TRAINER OF
IELTS, TOEFL, TESOL

HOURS: 30 Hrs

CHIEF PATRONS

Dr. Mariazeena Johnson, Chancellor

Dr. Marie Johnson, President

Mr. J. Arul Selvan, Vice President

Ms. Maria Bernadette Tamilarasi, Vice President

Ms. Maria Catherine Jayapriya, Vice President

CONVENER

Dr. L. Lakshmi Dean

PATRONS

Dr. T. Sasipraba, Vice Chancellor

Dr. E. Logashanmugam Pro Vice-Chancellor

Dr. S. S. Rao, Registrar

Dr. G. Sundari, Director-Administration

PROGRAMME COORDINATOR

Ms. Bhuvaneswari

SPOKEN ENGLISH COURSE (ESEC)

Theory – 16 hours

Practical – 14hours

Total-30 Hours

Description: The course is designed to enable students to enhance ability to comprehend spoken and written English (and use English) required for effective communication in their professional work. Students will practice their skills in verbal and written English during clinical and classroom experiences.

The learning objectives of are:

On completing the program successfully, students can be able to

- speak and write grammatically correct English

Course Contents:

- Listening, pronunciation. Comprehension
- Reading skill, vocabulary & Word formation
- Basic grammar
- Words & phrases used for conversation
- Public speaking skill
- Dialogues & telephonic conversation

List of Participants

S. NO.	Register No.	NAME OF THE STUDENT
1	42904001	Abi.V
2	42904002	Abinaya . K
3	42904003	Adlin Nithesha V
4	42904004	Afalal Mufeeth.D
5	42904005	Afaya A S
6	42904006	Agilan A
7	42904007	Ameer Aathil. O.M
8	42904008	Amirtha.S
9	42904009	Anagha .R
10	42904010	Anjali Chandran
11	42904011	Anitha.K
12	42904012	Archana.A
13	42904013	Ashwini.M
14	42904014	Bharathi P

15	42904015	Christin. C
16	42904016	Dhanalakshmi.S
17	42904017	Dharanya.D
18	42904018	Dhivya B
19	42904019	K.Dipin Divakaran
20	42904020	Gopika.R
21	42904021	Gopika T
22	42904022	Hari Maya . R
23	42904023	Hemasri S
24	42904024	Jaswin Regoboth T
25	42904025	Jaya Dharshini.R
26	42904026	Jaya Prakash J
27	42904027	Jaya Sudha.J
28	42904028	Jeffrin Jeno D L
29	42904029	Jegan s
30	42904030	Jenita Krenef R
31	42904031	Kalaiselvan. S
32	42904032	Kamali P
33	42904033	Keerthana T
34	42904034	Kirthiga. S
35	42904035	Kiruthika.J
36	42904036	Liben Josan R
37	42904037	Libin Salviya E
38	42904038	Mahira Begum.A
39	42904039	Mahitha Dharshini.M
40	42904040	Mohamed Al Fazith T
41	42904041	Musheer J
42	42904042	Muthulakshmi.M
43	42904043	Nisha.J
44	42904044	Nishanthi. K
45	42904045	Nivetha.J
46	42904046	Pavithra.P
47	42904047	Ranjini.V
48	42904048	Reshma S
49	42904049	Saniya Binu
50	42904050	Shanmugapriya.M
51	42904053	Stephin C
52	42904054	Subha.T
53	42904055	Subhashini K
54	42904057	Swathi M
55	42904058	Swetha.B
56	42904059	Thalal Usman m. A
57	42904060	Vimal Dhinakaran . B
58	42904061	Ramprakash G

Course Outcomes

On completing the program successfully, students can be able to

- Speak and write grammatically correct English
- Develop ability to read, understand express meaningfully, the prescribed text
- Develop writing skills
- Develop skill in spoken English
- Develop skill in listening comprehension



3. Nursing Bioethics



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OFFERS

A Value added Course on



NURSING BIOETHICS

DATE: 06/03/2023 TO 21/04/2023

RESOURCEPERSON: Dr.Hema Suresh, Principal Dr.MGR

Educational and Research Institute

HOURS: 30 Hrs

CHIEF PATRONS

Dr.Mariazeena JohnsonChancellor

Dr.Marie Johnson,President

Mr. J.Arul Selvan, Vice President

Ms.MariaBernadetteTamilarasi,Vice President

Ms. MariaCatherine JayapriyaVice President

CONVENER

Dr.L.LakshmiDean

PATRONS

Dr.T Sasipraba, Vice Chancellor

Dr.E.LogashanmugamPro Vice-Chancellor

Dr.SS Rao, Registrar

Dr.G.Sundari, Director -Administration

PROGRAMMECOORDINATOR

Ms PrathibaS

NURSING BIOETHICS

Theory – 27 hours
Practical – 3 hours
Total - 30 Hours

Course Description: This course is designed for developing an understating of bioethics, its principals and application.

General Objectives of the course:

- To develop in-depth knowledge on various aspects of bioethics on health care with specific application to nursing practice.
- To bring about a change in the attitude among the nursing students while providing care and
- To develop skill to promote ethical sensitivity in dealing with ethical issues and ethical dilemma.

Specific Objectives of the course:

At the end of the course the students

- To understand and apply ethical principles and apply
- Define and explain ethics and bioethics
- To recognize and respect human dignity and human rights
- To take effective clinical decisions keeping in mind benefit and harm
- To appreciate autonomy and individual responsibility
- To debrief consent and persons without the capacity to consent
- Respect human vulnerability and personal integrity
- To explain privacy and confidentiality
- To comprehend solidarity and cooperation, social responsibility and health
- To rationalize sharing of benefits
- To understand and recognize the importance of protecting future generations and protection of the environment, the biosphere and biodiversity

UNIT	HOURS		CONTENT
	Theory	Practical	
I	2 Hrs		What is ethics? ● The moral point of view ● The nature of moral judgements ● An ethical method of reasoning
II	1 Hr	1 Hr	What is bioethics? ● The birth of bioethics ● Health and disease as values ● Principles of bioethics ● Ethics committees ● Medical professionalism

III	2 Hrs		Human dignity and human rights (Article 3) ● Concepts of dignity in the history of ideas ● Human dignity as an intrinsic value of the person capable (at least potentially or as a member of natural kind) of reflection, sensitivity, verbal communication, free choice, self-determination in conduct and creativity ● The diverse understandings of human dignity in different cultural and moral traditions (Buddhist, Confucian, Judeo-Christian, Muslim, communitarian, liberal) and different types of societies ● A person's dignity and rights entail others' obligation to treat a person respectfully ● Ethical aspects of health care provider-patient relations in regard to human dignity and human rights
IV	2 Hrs		Benefit and harm (Article 4) ● What is a health benefit? ● What is harm? ● How do we evaluate benefits and harms in practice?
V	1 Hrs		Autonomy and individual responsibility (Article 5) ● The concepts of autonomy and responsibility ● Decision making in medicine ● Patient autonomy and responsibilities in health care. The range of patient responsibilities ● Evaluation of patient's abilities to self-motivation and self-control
VI	2 Hrs		Consent (Article 6) ● Interconnection of principles ● What is the purpose of the principle of consent? ● Interrelation between consent and autonomy ● Explanation of the principle ● Exceptional circumstances for the application of the principle of consent
VII	2 Hrs		Persons without the capacity to consent (Article 7) ● Criteria for capacity to consent ● Categories of persons without the capacity to consent ● Legal provisions concerning consent and capacity to consent ● Procedures ● The context of research involving human subjects
VIII	1 Hrs		Respect for human vulnerability and personal integrity (Article 8) ● The notion of 'human vulnerability' ● The powers of medicine ● The dilemmas of vulnerability ● Care ethics ● The notion of personal integrity
IX	1 Hr	1 Hr	Privacy and confidentiality (Article 9) ● Definitions of 'privacy' and 'confidentiality' ● Reasons for respecting privacy and confidentiality

			● Duty of health care providers to protect the privacy of patients ● Duty of health care providers to maintain confidentiality ● Confidentiality extends to all personal health information, including genetic data ● Justified breaches of confidentiality ● Special circumstances of research
X	2 Hrs		Equality, justice and equity (Article 10) ● Definitions of ‘equality’, ‘justice’ and ‘equity’ ● The different types of justice ● The different concepts of distributive justice(the most important types for health care) ● How these different concepts of justice are reflected in the different health care systems found around the world ● The right to health care ● Disparities in health status ● Roles of health care professionals in establishing health care priorities and allocating scarce health care resources
XI	2 Hrs		Non-discrimination and non-stigmatization (Article 11) ● What is discrimination and stigmatization? ● What is positive or reverse discrimination? ● Grounds of discrimination ● Legal context ● Limitations of the principle:
XII	2 Hrs		Respect for cultural diversity and pluralism (Article 12) ● Background ● Explanation of Article 12 ● Limits to the consideration for cultural specificities
XIII	2 Hrs		Solidarity and cooperation (Article 13) ● The notion of solidarity ● Threats to solidarity in present-day societies ● Relationship of solidarity, autonomy, and justice ● International research ● Health insurance – provision of health care to the general population as an end, health insurance as a means
XIV	1 Hr	1 Hr	Social responsibility and health (Article 14) ● Highest attainable standard of health as a fundamental human right ● Health and the impact of social and overall living conditions ● Duty, obligation and responsibility and how these are acquired by individuals, groups or institutions ● Responsibilities for governments and various sectors of society ● Health and contemporary challenges to global justice

XV	2 Hrs		Sharing of benefits (Article 15) ● Global justice as basis for sharing the benefits of science and scientific research ● International instruments on benefit sharing ● Models of benefit-sharing agreements ● Integration of capacity-building components to externally funded research and other initiatives ● Prohibition of using improper inducements to participate in research
XVI	1 Hrs		Protecting future generations (Article 16) ● Why care about the future? ● The scope and limits of future related responsibilities ● Do we have obligations to the possible people of the future? ● How to represent the future in present decision-making? ● Health care and future generations ● Precautionary Principle
XVII	1 Hrs		Protection of the environment, the biosphere and biodiversity (Article 17) ● Ethics and the environment: views of nature ● Ethical perspectives ● Notion of sustainability

LIST OF PARTICIPANTS

S.NO	Register No.	NAME OF THE STUDENT
1	40904001	Aarthi K
2	40904002	Aarthy P
3	40904003	Abdul Faheem W
4	40904004	Abhishek Kumar
5	40904005	Abinaya S
6	40904006	Amal Anand J
7	40904007	Aravindhasami R
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52	40904054	Sruthi Premanand
53	40904055	Surya S
54	40904056	Vidhula S
55	40904057	Vignesh V
56	40904058	Vinisha S
57	40904059	Vishal S
58	40904060	Yamini A
59	41904001	Aarthi K
60	41904002	Abdul Rahman M
61	41904003	Abinisha S
62	41904004	Ajay Ashlic Antony Rajan P
63	41904005	Akalya R
64	41904006	Arul Stany A
65	41904007	Arunthathi T
66	41904008	Arya Anil Kumar
67	41904009	Birundhaa Devi G
68	41904010	Daniel Philip R
69	41904011	Dhanush S
70	41904012	Dhanya J Bosco
71	41904013	Drishya Rao
72	41904014	Dony Rojar S
73	41904015	Durgadevi B
74	41904016	Gulnaz Khatun
75	41904017	Helna George
76	41904018	Janani S
77	41904019	Jancy Dayana N C
78	41904020	Jayalakshmi G
79	41904022	Jenifer Angeline J
80	41904023	Jeshani Shara S
81	41904024	Keerthana S

82	41904025	Keerthiga B
83	41904026	Lokeswari P
84	41904027	Madhumitha A
85	41904028	Melson Antony M
86	41904029	Mohamed Ejjas N
87	41904030	Mohamedyaseen M
88	41904031	Mythili S
89	41904033	Narmadha E
90	41904034	Narmatha S
91	41904035	Pavithra S
92	41904036	Priyadarshini S
93	41904037	Rahul Kumar
94	41904038	Rajaji K S
95	41904039	Robin Prabhakaran A
96	41904040	Sakthi R
97	41904041	Sakthivel V J
98	41904042	Samson Jesiva S
99	41904043	Sandhiya J
100	41904044	Sarah Emmanuella Mercy
101	41904045	Sharumathi M
102	41904046	Shalan A
103	41904048	Shehnaz
104	41904049	Sneha L
105	41904050	Sofiya Gracelin J
106	41904051	Sonia Anna Varghese
107	41904052	Sribalabhuvana M
108	41904054	Sulthana Rasiya S
109	41904055	Syed Abzar A
110	41904056	Vaithegi B
111	41904057	Vanisha Lambert
112	41904059	Vijayakumar V
113	41904060	Viveka S

Course Outcomes

- Gain knowledge regarding bio-ethics
- Be sensitized to bio-ethical issues
- Develop change in attitude by addressing the issues emphatically faced by individuals and society
- Develop and apply skill of ethical principles in caring for the vulnerable population.
- To understand and apply ethical principles and apply
- Define and explain ethics and bioethics
- To recognize and respect human dignity and human rights
- To take effective clinical decisions keeping in mind benefit and harm

